



*You're Invited to Lunch!*

# Cardiovascular Disease & You

With Deb Dumoulin, BS RN, RD, LD



**When:** Wednesday, October 28, 2009  
11:30am – 1:00pm

**Where:** St. Martha's Church Hall  
Route 1, Kennebunk

**For:** Persons age 65+ and their  
guest

**Cost:** **FREE**



**SPACE IS LIMITED!**

Register before Oct. 21<sup>st</sup> by calling 985-1000